Installing the Arduino IDE

 The download link can be found at http://arduino.cc/en/Main/Software.
To just directly download the installer, go here: http://arduino.googlecode.com/files/arduino-1.0.5-r2-windows.exe

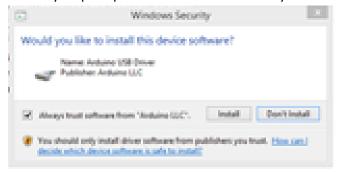
2. Once it downloads, do the following:

Click "I Agree"

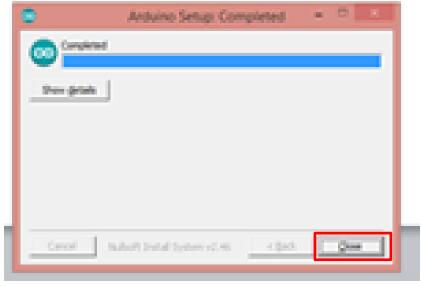
Click "Next" (leave everything checked)

Choose a location to save the program, click "Install"

You may be prompted about windows security. See below. Just click "Install".



And once the Arduino setup finishes, click "Close".



And then you are done!